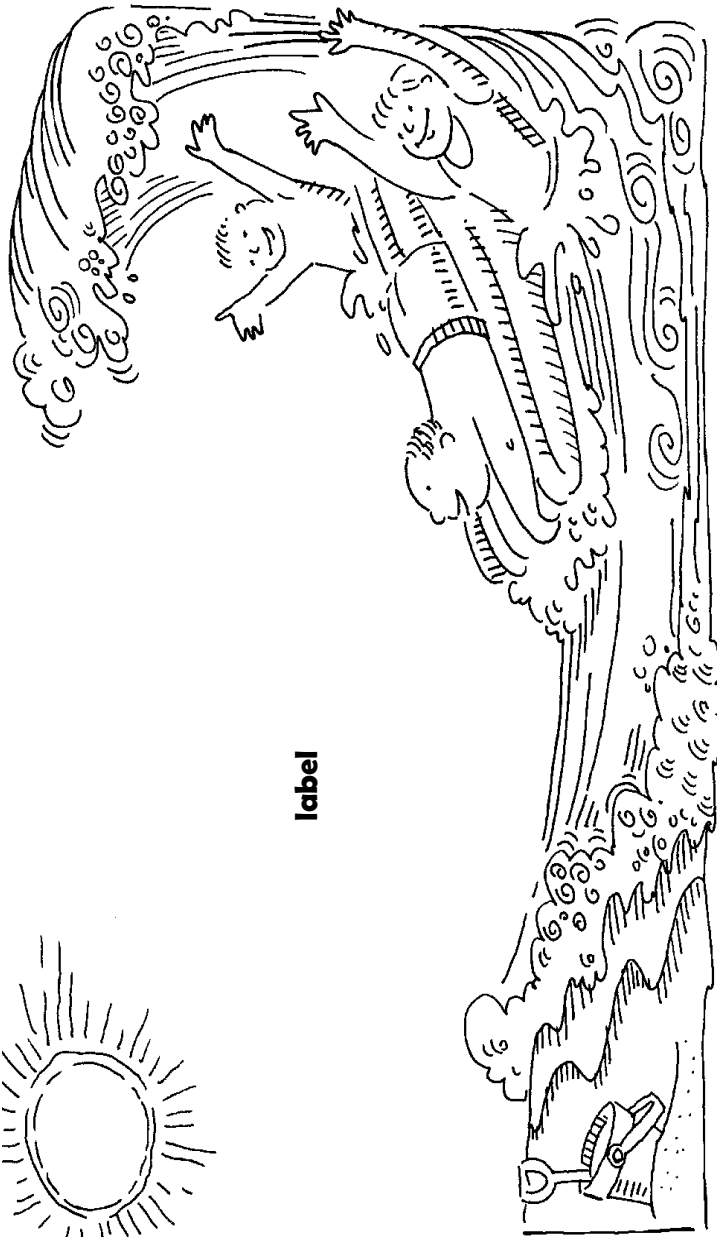
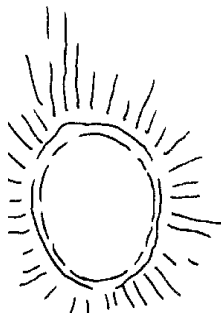


**Church of Our Saviour
Faith Formation
5301 N Atlantic Ave.
Cocoa Beach, FL 32931
www.osre.info**



label

Our Saviour's Catholic Community

Cocoa Beach, Florida

FAITH FORMATION HANDBOOK



**Religious Education
and
Sacramental Preparation
for all ages.**

August 2010 – May 2011

Our Saviour's Faith Formation Welcomes You!



Scheduling

Based on our end-of-the-year poll, classes in Pre-K through 8th grade will be offered on Sunday mornings from 9:00-10:00am in the Our Saviour's School classrooms. Thanks to all of you who took the time to vote and to complete the survey. Responsive, well-informed parents enhance our religious education program in many ways!

Curriculum

Our religious education program is based on the four pillars of the catechism:

- G The Creed
- G Liturgy and the Sacraments
- G Morality



Community

Our Mass is the source and summit of our faith! Attend Mass each week as a family, and bring your children on Holy Days of Obligation and other feast days (see next page). Every weekend, there are at least five Masses offered, all with opportunities for the entire family to participate as musicians, singers, altar servers, presenters of gifts, and lectors.

We have all promised to raise our children in the Church. Let's make good on that promise!



Attend Mass as a Family!

FEAST DAYS

HOLY DAYS

of the 2010-2011 school year

August 15 th	The Assumption of Mary*
November 1 st	The Feast of All Saints*
December 8 th	Immaculate Conception*
December 25 th	Christmas Day*
January 1 st	Mary, Mother of God*
March 9th	Ash Wednesday
April 24th	Easter
May 1st	Divine Mercy Sunday
June 5th	The Ascension of the Lord*
June 12th	Pentecost
June 19th	Trinity Sunday
June 26	Corpus Christi

*Holy Day of Obligation



REGISTRATION INFORMATION

REGISTER BY AUGUST 22nd

- In person at the parish office during regular hours (Monday through Friday from 9 a.m.-5 p.m.)
- By mail to the parish address: 5301 N. Atlantic Avenue, CB 32931; Mark the envelope, "Religious Education."
- By putting the registration form and check in a sealed envelope marked "Religious Education" and placing it in the collection basket during Mass.
- Students must be registered by their parents or legal guardian to attend classes.
- Parents must be registered in the parish.
- If you have not already done so, please submit a copy of your child's baptismal certificate with the registration form. Children who were baptized at Our Saviour's do not need to submit a baptismal certificate.
- Allowing your child to bring a friend is the BEST way to overcome their reluctance about attending Religious Education and Mass. All guests are welcome. Guests who attend with registered students must sign in at the school office on the sheet provided, and we ask that they register after three visits so that we know how to contact their parents should the need arise.
- The diocese asks that every parent take 10 minutes to watch the "Protecting Your Children" video which can be found at http://www.orlandodiocese.org/who_we_are/child_youth/video.php



FEEs: Your child's faith life is priceless! *Religious Education at Our Saviour's is for all children, regardless of their family's ability to pay. No one is turned away.*

\$40 per year for the first child.

\$75 per year for two children, and

\$90 per family for three or more children (pre-k through 8th grade)

If you are unable to pay the full fee at registration, please speak with the Director of Religious Education to make other arrangements. If you have made financial arrangements in the past, kindly notify the DRE of your present needs. All financial matters are kept confidential.

Please make checks payable to *Our Saviour's Catholic Community.*



AGES & STAGES INFORMATION

All classes are held in the Our Saviour School classrooms.

Pre-K Program: A combination class for three and four year olds (must have had third birthday prior to September 1.)

Pre-K – 7th Grades: Classes study the *We Believe* curriculum by Sadlier Publishers. The diocesan guidelines for every grade level can be found on our website: www.osre.info

8th Grade: This is the first year of preparation for the Sacrament of Confirmation. The 8th grade class studies Sadlier's *One Faith, One Lord: A Study of Catholic Belief* and Sadlier's *Morality: A Course on Catholic Living*. Confirmation is celebrated in 9th grade or later, depending on the student's readiness.

9th-12th Grades: Catechesis and Sacramental Preparation are provided for this important age group. See the following pages for information about Teen Ministry and our Confirmation program.



Adults: You can't give what you don't have ... Starting August 29th at 9am, join other parents for faith formation in the school library. You will be a part of a pilot program called "Why Catholic?" This awesome new course combines prayer, scripture study, reflection and mission. This national

program is being implemented throughout our diocese, and will be introduced to the entire Our Saviour's parish in January, 2011.

DO'S AND DON'T'S

- Children should **arrive on time** since classes begin promptly at 9am. It is a better experience for everyone when students arrive on time.

- Some children arrive and depart via automobile at the entrance to the school. Please be vigilant about every child's safety along the sidewalk, driveway and parking lot. Do not hesitate to intervene on behalf of a child's safe passage!

- Children in Pre-K through 3rd grade are dismissed at the classroom door to the parents or designated responsible person (including an older sibling).

- Please pick up children promptly at the end of class. Children who have not been picked up by the time the catechist leaves the classroom will wait in the school office for pick-up.

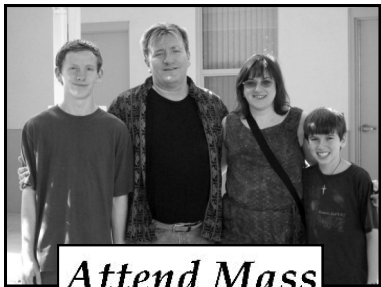
- The playground is an inviting area for children but is unsupervised. If you want your child to be able to play, please be present to supervise. Children should not be left alone on the playground.

- Please encourage your child(ren) to be polite and respectful to our volunteer catechists.

All parishioners, no matter how young, are called to be humble and to follow the Golden Rule.










- Gently remind your children of the one-hour fast before Communion.

- Most of all: Attend Mass with your children!



*Attend Mass
as a Family!*

FAITH FORMATION CALENDAR FOR 2010-2011

AUGUST 	15 22 29	Catechist meeting -School Library at 11:30pm OPENING SUNDAY ASSEMBLY CLASS
SEPTEMBER 	5 12 19 26	NO CLASS- LABOR DAY CLASS CLASS CLASS
OCTOBER Join Us  At the Fair	3 10 17 24 31	CLASS CLASS NO CLASS - PARISH FAIR CLASS CLASS
NOVEMBER  Thanksgiving	7 14 21 28	CLASS CLASS CLASS NO CLASS - THANKSGIVING BREAK
DECEMBER 	5 12 14 19 26	CLASS - Reconciliation for grades 6th - 8th CLASS - Reconciliation for grades 3 rd - 5 th RITE OF FIRST RECONCILIATION CLASS NO CLASS - CHRISTMAS BREAK
JANUARY 	2 9 16 23 30	NO CLASS - CHRISTMAS BREAK CLASS NO CLASS - MLK DAY CLASS CLASS
FEBRUARY 	6 13 20 27	CLASS CLASS NO CLASS - PRESIDENTS DAY CLASS
MARCH  LENT	6 13 20 27	CLASS CLASS CLASS NO CLASS - SPRING BREAK
APRIL  happy easter	3 10 15 17 24	CLASS-Reconciliation for grades 6th-8th CLASS-Reconciliation for grades 2nd-5th RITE OF CONFIRMATION CLASS NO CLASS - EASTER
MAY	1 7	END OF THE YEAR ASSEMBLY RITE OF FIRST COMMUNION



LET'S GET STARTED! Sunday, August 22nd is our Rally Day! Join us for coffee and donuts in the cafeteria, and visit classrooms from 9am until the Family Mass at 10:15 This is the ideal time to meet and speak with your child(ren)'s catechists. We recommend that you begin in the classroom of your oldest child. Join us on this special day as we begin a new year of faith formation. Fr. Heslin, the RE staff, and the catechists will be on hand to welcome you back!

VOLUNTEERS: All adults or high school students (age 14 and up) who work with children are required to be fingerprinted, to have background checks on file at the parish, and to complete a *safe environment on-line training course* (just 20 minutes!). We want you to work with us! So get your fingerprints done! There is a \$40 fee for fingerprinting, but please let us know if the cost is prohibitive for your family; arrangements can be made to accommodate your financial situation. There is no cost for teen catechists (ages 14 to 19).



"GOSPEL FOR THE LITTLE ONES" will take place during the 10:15 Family Mass. Children who have not received their First Communion are invited to participate in interactive readings of the day's lessons. Catechists and youth assistants make the Bible accessible and meaningful to young children through this creative ministry. Follow the GLO sign holder during the Mass.



Children's Lector Program

LECTORS: Children who have received First Communion in 4th through 8th grade are invited to audition to serve as lectors. Please call Mrs. Michelfelder at 783-4554.

ALTAR SERVERS: Children who have received First Communion and are in 4th through 8th grade are encouraged to sign up to become altar servers. Forms are available in the school office. Low-stress training is provided in a gentle, nurturing environment. Your child(ren) will be scheduled to serve at the Mass of your choice. This is a wonderful way for young people to serve.



SACRAMENTAL PREPARATION



Sacramental Preparation is a communal event. Meaning, it is accomplished as a group, not on an individual basis. Sacramental Preparation is a process. It makes the celebration of First Reconciliation, First Eucharist, and Confirmation truly significant moments in the lives of our youth and their families. We are often asked, "Are the meetings mandatory?" Well, of course! Failing to come for preparation is like getting a gift that you never open! All parish youth and their parents, whether attending Our Saviour's School or Religious Education classes, engage in this phase of faith formation.



Reconciliation (fall) and First Holy Communion (spring) are celebrated around the age of seven, which usually corresponds to 2nd grade.



Children must participate in Religious Education classes (school or parish) for a minimum of two years prior to celebrating these sacraments. If your child was not baptized at Our Saviour's, you will need to provide an updated baptismal certificate from the church of baptism.

See the next page for information on sacramental preparation for Confirmation.

Sacramental Preparation sessions begin *promptly* in the church with Liturgy of the Word at 6:30 p.m. Sessions end with an attendance sign-in, and families are usually on their way home by 8:15pm. Liturgy of the Word is a liturgical service. Please teach your child Catholic etiquette by arriving a few minutes early, by kneeling to pray upon arrival, and by remaining attentive and responsive during the service.

If someone in your family is ill and cannot come to the regularly scheduled session, a make-up session will be held on the following Sunday after the 10:15 Mass.





SACRAMENTAL PREPARATION FOR CONFIRMATION

The confirmation class of 2011 will include almost 50 confirmandi, varying in age between 9th and 12th grades. Preparation will be weekly.

Families must register for one of the following weekly class times:

1. Sunday mornings at 9am (separate from but simultaneous with RE classes) prior to the 10:15 Mass

OR

2. Sunday evenings at 6:15 after the 5:00pm Mass

AND

Liturgy of the Word: In addition to weekly classes, there will be four Liturgy of the Word services where the entire confirmation class with parents and sponsors will gather. These will begin in the church; break out sessions for parents, sponsors and confirmandi will follow. The schedule for these is as follows:

Tuesday, September 14

Tuesday, November 16

Tuesday, January 18

Tuesday, March 15

AND

Retreat: An overnight campout retreat will be held Sunday, February 20 – Monday, February 21 (Presidents' Day)

Rehearsal: April 14 at 7pm

Celebration of the Rite of Confirmation: April 15 at 7pm

CONFIRMATION INFORMATION (CON'D)

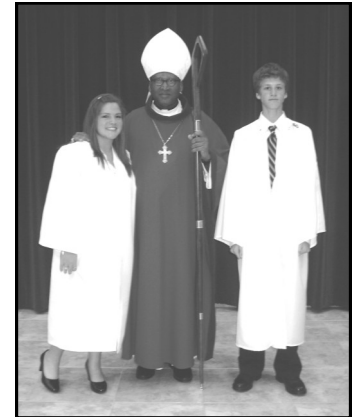
To register for sacramental preparation for Confirmation, please return the enclosed registration form by August 22.

To be eligible to register, a candidate must be...

- baptized (please provide copy of Baptismal Certificate)
- have received First Communion in the Catholic church
- be in the 9th grade or older
- have been in faith formation classes for the last two years

Once you are registered, more detailed information about the process of sacramental preparation for Confirmation will be provided to you.

If a registration form was not enclosed in this booklet, we do not have anyone in your family on our list for this year's Confirmation process. If you were anticipating your family being in sacramental preparation for Confirmation in the upcoming school year, and you did not find a registration form within this booklet, please contact us immediately.



If you have questions about eligibility, please call the church office at 783-4554, or email scollins1@cfl.rr.com

R.C.I.A.

For children, and youth who have never received the sacrament of baptism, or who missed sacramental preparation with their age group. Instruction for children and youth will be arranged as needed.

Parents are often brought into the church while participating in the sacramental preparation of their children. Parents and other adults are welcome to attend inquiry sessions after the 10:15 Mass. These sessions teach the basics of the Catholic faith, and provide a sense of community.

For more information, contact the parish office: 783-4554 X110



FIRST RECONCILIATION PREPARATION SESSIONS FALL 2010



DATE	EVENT	TIME	PLACE
Tuesday September 7	SESSION I	6:30 p.m. to 8:00 p.m.	Begin in CHURCH
Tuesday October 5	SESSION II	6:30 p.m. to 8:00 p.m.	Begin in CHURCH
Tuesday November 9	SESSION III	6:30 p.m. to 8:00 p.m.	Begin in CHURCH
Tuesday December 14	Sacrament of First Reconciliation	6:30 p.m.	In the CHURCH <i>Reception in the Parish Center after the Celebration of the Sacrament.</i>

MISSED SESSIONS: There will be a make-up session on the Sunday following each Sacramental Preparation Session after the 10:15am Mass in the Parish Office. Please call the DRE if you have any further questions.

CHILDCARE: Nurturing childcare is provided when requested. We can make the best arrangements if we know the number and ages of your children in advance. Please call the Religious Education Office (783-4554) at least one day prior to the meeting if you desire childcare.

For a comprehensive faith formation calendar:
www.osre.info

FIRST HOLY COMMUNION PREPARATION SESSIONS WINTER & SPRING 2011



DATE	EVENT	TIME	PLACE
Tuesday January 11	SESSION I	6:30 p.m. to 8:00 p.m.	Begin in CHURCH.
Tuesday February 8	SESSION II	6:30 p.m. to 8:00 p.m.	Begin in CHURCH.
Tuesday March 1	SESSION III	6:30 p.m. to 8:00 p.m.	Begin in CHURCH.
Tuesday, April 5	SESSION IV	6:30 p.m. to 8:00 p.m.	Begin in CHURCH
Sunday, April 17	Passport to the Parish	1:30 p.m. to 3:30 p.m.	Begin in school cafeteria
Thursday May 5	Rehearsal	6:30 p.m.	Begin in CHURCH
Saturday May 7	Sacrament of First Holy Communion	11:00 a.m. <i>Please arrive at 10:15 a.m., earlier if you have an appointment with the photographer.</i>	Begin in New Meeting Room

MISSED SESSIONS: There will be a make-up session on the Sunday following each Sacramental Preparation Session after the 10:15am Mass in the Parish Office. Please call the DRE if you have any further questions.

CHILDCARE: Nurturing childcare is provided when requested. We can make the best arrangements if we know the number and ages of your children in advance. Please call the Religious Education Office (783-4554) at least one day prior to the meeting if you desire childcare.



TEEN MINISTRY

We encourage all high school students to join Our Saviour's Teen Ministry -- an active, spirit filled gathering of high school students sharing their faith. Our gatherings take place every other Thursday evening at 7:00 p.m. in our Teen Room, the Upper Room, upstairs of the auditorium. Come join us as we share, serve and celebrate. There is always pizza. Call Mrs. K at the parish office 783-4554 or at 452-3981. BEACHFEST 2010 kicks off our year in Teen Ministry. This event is scheduled for August 15, from 12 noon to 5 pm at Lori Wilson Park, Cocoa Beach, for 9th – 12th graders and

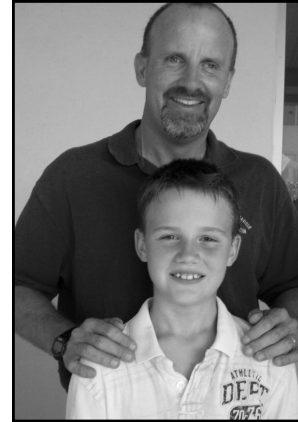
friends! The day includes games, beach time, dinner and an outdoor Mass celebrated with other Catholic teens from our Diocese!

June 24 – TM Bible Study	January 6 - TM
July 22 (TM meet outdoors – Lori Wilson Park Beach Pavilion @ 6pm)	January 7, 8, 9 (campout @ Fort Wilderness)
July 29 – TM Bible Study	January 20 – TM
August 4 (Weds)- TM Bible Study	January 27 - Meet w/mission candidates
August 5 – Bowling @ Shore Lanes	January 29 DR Night / Dinner fundraiser in auditorium – time TBA
August 12 – TM Bible Study	February 3 - TM
August 15 – Beach Fest @ Lori Wilson Park (north) meet at roadside pavilions from 12 noon to 5 pm – Mass at 2:30 in the pavilion	February 6 – Souper Bowl Sunday
August 26 – TM	February 17 - TM
September 9 – TM	March 4, 5, 6 Retreat – PC, Gym, upper rm
September 23 - TM	March 10 - TM
October 7 - TM	March 24 - TM
October 21 – TM	April 7 - TM
November 4 - TM	April 14 - TM
November 18 - TM	April 28 – TM
December 2 -TM	May 12 - TM
December 16 - TM	May 19 - TM

EVERYDAY PRAYERS

CHILDREN'S DAILY OFFERING PRAYER

Heavenly Father,
I offer you this day
All that I do and think and say
Uniting it with what was done
By Jesus Christ, your only Son.
Amen



PRAYER TO YOUR GUARDIAN ANGEL

Angel of God, my guardian dear,
to whom his love commits me here,
ever this day (night) be at my side,
to light and guard, to rule and guide.
Amen

GRACE BEFORE MEALS

Bless us, O Lord,
and these your gifts,
which we are about to receive
from your bounty, through
Christ, Our Lord.
Amen.



HOLY SPIRIT PRAYER

Come Holy Spirit, and fill
the hearts of your faithful,
and kindle in them
the fire of Your Divine Love.
Send forth Your Spirit and
they shall be created, and
You shall renew the face
of the earth. Oh God,
Who by the light of the
Holy Spirit instructed the
hearts of the faithful,
Grant, that by the same
Spirit we may be truly
wise and ever rejoice in
His consolation. We ask
this through Christ Our
Lord. Amen.

