

OUR SAVIOUR'S CATHOLIC COMMUNITY

5301 N. Atlantic Avenue
Cocoa Beach, FL 32931

(321) 783-4554 Office
(321) 868-6743 Fax

Email: oursaviourchurch@cfl.rr.com
Webpage: www.oursavioursparish.org

Fr. Séan Heslin, Pastor



Mass Schedule

Saturday: 9:00 am~Vigil 4:00
Sunday: 8:00 am~10:15 am~12:15 pm~5:00 pm
Weekdays: 7:00 am~9:00 am
Holydays: Vigil 7:00 pm~7:00 am~9:00 am
Nursery: Extended Care Bldg, during 10:15 am Sunday Mass
Confessions: Saturday 3:00-3:45 pm or by appointment
Prayer Requests: Call 868-2104

Marriages ~ Call Parish Office 6 months in advance
Baptisms ~ Parental attendance at our Baptismal Preparation Program is required (Jan., May, Sept.)
We urge parents to attend during pregnancy. To register for Baptism Seminar, please call 783-4554

Bereavement Support Ministry.....Mary Norris~783-4554 x114
Birthright.....Pat Kennedy~783-2886
Elizabeth Ministry.....Susanne Llibre~453-1357
Grief Support.....Joan Throm~868-2673
Mercy House Thrift Shop.....784-1069
Ministry to the Sick—Hospital.....Judy McLouth~783-2994
Homebound.....Terri Cornelisse/Maura Hill~783-4554
Perpetual Adoration.....784-0565
R.C.I.A./Convert Instructions.....783-4554
Respect Life.....458-0317
Seniors Community Club.....Pat Hayes~784-3321
.....Peg Magenta~799-0097
Single/Separated/Widowed/Divorced (SSWD)
Thelma Hampton~213-6629
Small Christian Communities.....Dale Conro~784-0765
St. Vincent de Paul Society.....Barry Cox~799-3677

AUGUST 7, 2011
NINETEENTH SUNDAY OF ORDINARY TIME
MONTH OF THE IMMACULATE
HEART OF MARY

The work of the faithful Christian can continue long after we leave this earth. Please remember Our Saviour's in your Will.

Parish~783-4554
Deacon Patrick Mongan
Marilyn Belawski~Secretary/Receptionist
Karol Michelfelder~Bookkeeper
Raonel Barrial~Maintenance Department
Phil Black~Director of Music Ministry
Email: pblack@oursavioursparish.org
Mary Norris~Senior Needs
Antoinette Schultz~Parish Bulletin/Webmaster
Email: aschultz@oursavioursparish.org

Our Saviour School~783-2330
Karen Tinter~Principal
Email: ktinter@oursaviourschool.org
Diane Kingsley~Secretary
School Web Page:www.oursaviourschool.org

Religious Education~783-4554
Director of Religious Education: Susanne Cooley~ext. 109
Youth Ministry/High School
Pat Koralewicz, High School~ext. 105
Email: pkoralewicz@oursavioursparish.org

TODAY'S SCRIPTURE

“TRUST OR FEAR”

“It is I, do not be afraid.”

That was Jesus' response to Peter as Jesus walked on the water towards Peter's boat. Peter was probably in shock as he saw someone walking on the lake—it doesn't happen every day—and Jesus spoke to reassure him, “It is I, do not be afraid.” Peter's fears disappeared as he returned to the boat and was joined by Jesus.

If we read the Gospels, we will hear Christ repeatedly say the same thing to people, “Do not be afraid.” His presence helped them overcome their fears and continue their tasks. His presence and reassurance helped them to continue to follow Him and endure opposition, harassment and rejection. His divine love made the difference in their lives. Sometimes in life we feel very much as the apostles did. Fear takes hold of us. When we find life becoming too demanding or our plans falling to pieces, we should remember Jesus' words, “Do not be afraid.”

No doubt in our present situation there are many who fret about many things, especially work and finances. It can be overwhelming if we just focus on the negatives, but in those situations Jesus says, “Do not be afraid.” Fears are always about things in the future, some of which, perhaps, much of which, will never happen. So we should take Christ at His word, “Do not be afraid.” God who made the universe has kept it in existence since He said, “Let there be light” and the seasons follow one another year in and year out. Despite our fears, the world goes on because God is the one who keeps it in existence. And Christ tells us that not even a sparrow falls to the ground without our Heavenly Father's knowledge. If God takes such care of a sparrow, surely He will provide for us who are made in His image and likeness.

So, when fear invades our soul we should remember Christ's words and turn to Him. We might do as the song says, “Put your hand in the hand of the Man who stilled the waters, put your hand in the hand of the Man who calmed the sea.” If the waves are rough and

our boat is taking a battering, let us remember the One who calmed the sea



and invited Peter to walk on water. The same Christ will provide for us and take care of us if we but listen to His words, “It is I, be not afraid.”

WE HAVE A VISITOR!

I am Fr. Charles Nabwana from Uganda, born in a family of 10, 4 boys and 6 girls. In the last 12 years I have lost my father, 2 sisters and 2 brothers. I was ordained a priest in 1980, worked in a parish for 1 year, then taught in the Major Seminary in Uganda. In 1986 I went to Rome to study for a Masters in Educational Psychology. After 4 years I returned to the Major Seminary and taught Psychology and served as Academic Dean.

In 2000, I came to the United States for a Sabbatical leave. I spent 5 years in Wisconsin as Pastor in 3 different parishes. In 2005, I came to Orlando and did 1 year of residency and I qualified as Chaplain at Florida Hospital where I served for 4 years. During which time I helped at St Margaret Mary, Winter Park and St. Charles Borromeo, Edgewater.

In 2009, I moved to St. Paul's Basilica in Daytona Beach, helping at the parish and worked as Chaplain in 4 different hospitals. Last September I went to Uganda where I was until June of this year, when I came back to St. Margaret Mary, Winter Park and also helped at Blessed Sacrament, Cocoa. Now, I am here at Our Saviour's for the month of August.

I am happy to be with you. Thanks for your hospitality and for being such a nice parish family. May God continue to shower His blessings on each one of you for a continued growth of faith.

Welcome
MRS. COOLEY!



We extend a very warm welcome to Mrs. Susanne Cooley, who has joined us as our Director of Religious Education. Susanne grew up in Southern California. She has a degree in Human Development and a Masters Degree in Theology. Susanne has been involved in Religious Education and Sacramental Preparation in her previous parishes and joins us with great enthusiasm for Our Saviour's Religious Education Program. Susanne and her husband, Stephen, have lived in Florida for 5 years. They have one daughter who was married recently. Please give Susanne a real warm Our Saviour's WELCOME!

RELIGIOUS EDUCATION
Let the hearts of those who seek
the Lord rejoice! (Ps. 105:3)

Coming soon! Watch this space for news of the 2011-2012 Religious Education calendar and registration procedures. If you can help in this year's program (we need Catechists, aids and office helpers), please call Susanne in the parish office, 783-4554 ext. 109.

OUR SAVIOUR'S TEEN MINISTRY

SUMMER BIBLE STUDY – Our Teen Ministry Summer Bible Study on the Gospel of Luke will continue every Thursday through August 18th at 7:00 p.m. in the Upper Room, our Teen Room located upstairs in the Auditorium. The study will be conducted by Jacob Schlierf who facilitates Bible studies for FOCUS (Fellowship of Catholic University Students) at the University of Florida.

Save the Date for Beach Fest 2011!

Church of Our Saviour Teen Ministry will be sponsoring "Beach Fest 2011" on Sunday, August 28th at Lori Wilson Park (north) from 12:00 noon to 5:00 p.m. We have both Pavilions reserved and have invited other youth groups from our Diocese. The schedule for the afternoon will include games, beach time and Mass in the pavilion followed by dinner, which will be provided. Please RSVP to Mrs. K (321) 452-3981 or cell (321) 960-2318 OR rkoralewicz@cfl.rr.com by August 24th to help with planning details.

Echoes from the Mountains in Our Sister Diocese

Reflection by: Matt Watson

The most significant moment that touched my heart during my trip to the poorest village you could imagine was a day I was traveling to La Cueva to help at the school. The journey to La Cueva was around an hour and a half by foot or by mule and consisted of muddy trails, loose rocks and steep hills. Needless to say, this walk to La Cueva would tire anyone out. Despite the long and exhausting journey, several of the boys that were eager to go to school that day ran halfway to meet us along the trail. Not only



did they run the whole way, they carried ten mangos as gifts for us. It was the best hospitality I had received from anyone before. When the kids met us, they were so excited to see us coming to school so that they could learn more about our faith. One little boy named Carlos was so eager to learn that he tugged on my shirt and held my hand the rest of the way to La Cueva. At the school, the children

showed us how much they appreciated our time by putting in their best efforts into their coloring and all the activities they participated in during the week. This experience has showed me how happy these poor children are with so little possessions.



OUR SAVIOUR SCHOOL

School will reopen on Wednesday, August 10th and we look forward to a good year with students enjoying their studies and growing in knowledge and faith. We encourage all families with elementary school students to come and take a tour of our campus. Our principal, Karen Tinter, will be very happy to show you our excellent facilities and answer any questions you may have.

Also, if anyone would like to sponsor a child at our school or donate a partial scholarship, it would be greatly appreciated as we have several families that cannot provide tuition for their children. Thanks for your support.

FROM THE DEACON'S DEN

Did you know you had such power from Christ Jesus? The Gospel reading this Sunday shows us what can happen when we have faith (Peter walks on water) and then when we doubt (Peter sinks in the water). *"Faith is an entirely free gift that God makes to man. We can lose this priceless gift, as St. Paul indicated to St. Timothy. To live, grow and persevere in the faith until the end we must nourish it with the word of God; we must beg the Lord to increase our faith; it must be "working through charity," abounding in hope, and rooted in the faith of the Church. (CC 162)* So, although faith is a gift, it can atrophy and become weak if we do not "exercise" the gift! For example, Jesus tells us that He could not perform miracles because of a lack of faith. Obviously God could work the miracles in spite of us, but He will not go against our "free will". There is another caveat, we must pray according to God's Will, so it is always good to end your prayers with "according to God's will." If you are struggling in your faith, then ask Mary to intercede for you. *Throughout her life and until her last ordeal when Jesus her son died on the cross, Mary's faith never wavered. She never ceased to believe in the fulfillment of God's word. And so the Church venerates in Mary the purest realization of faith. (CC 149)*

Finally, with school starting soon I want to remind parents that your family is the **"domestic church"** *"The Christian home is the place where children receive the first proclamation of the faith. For this reason, the family home is rightly called "the domestic church," a community of grace and prayer, a school of human virtues and of Christian charity. (CC 1666)* In a very real sense you are the "pastors" of your "domestic church" and need to pray for your family daily. Even if you don't pray regularly with your children I encourage you to say the "Our Father" together before the children go to school and ask God to bless them, protect them, help them to learn what they should learn and guide their steps.

TODAY'S SECOND COLLECTION is for Latin America and Catholic University of America. Thanks for your generous support.

RCIA

The Beatitudes: Eight Attitudes That Open Us to God's Saving Love

by **Friar Jack Wintz, O.F.M** from his free bi-monthly FRIAR JACK'S E-SPIRATIONS.

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.”

Jesus does not comfort the proud, but those broken in spirit. He assures them that they are the true recipients of God's saving love. In the Old Testament, God's poor are called the *anawim*, the Hebrew word for the poor, humble and afflicted. Only those who are “poor in spirit” understand that salvation is a free gift from God.

“Blessed are they who mourn, for they will be comforted.”

Those who are now mourning recognize their need for God's healing and forgiveness. In Matthew's Gospel, a tax collector named Matthew is among those eating with Jesus. When Jesus is asked why He eats with tax collectors and sinners, Jesus answers, “Those who are well do not need the physician, but the sick do” (Matthew 9:12). Only those who admit their sickness or sin are open to God's saving love.

“Blessed are the meek, for they will inherit the earth.”

For some people, the word meek may suggest weakness or spinelessness. The biblical meaning of meek, however, indicates respect and forbearance. Jesus describes Himself as “meek and humble of heart,” and yet He is anything but spineless. Indeed, the Jesus we know has immense inner strength.

“Blessed are those who hunger and thirst for righteousness, for they will be satisfied.”

According to Jesus, they are already blessed who dedicate themselves to building a world of justice and righteousness, a world where everyone's rights are respected and all people will find a place at the table—and enjoy a fair share of the gifts of God's creation.

Read the last four next week.



MERCY HOUSE THRIFT SHOP is the place to go to help those college bound students furnish their apartments or dorm. Whether you need lamps, pictures, small appliances, dishes, pots/pans, utensils or furniture, MTHS has what you need at reasonable prices. Be sure to stop in and see what we have. New items arrive weekly so don't miss out! For pickup service call 784-1069.



ANGELS OF THE WEEK

All our volunteer parents who helped prepare the school for class this week. Thank you!



ST. VINCENT de PAUL

Last year I lost my cell phone and never asked for help to find it...I never did. Twice this month I misplaced my phone, but this time I asked Jesus for help. He instructed me to retrace my steps that day and suddenly a good Samaritan appeared with my cell phone. Ask and you shall receive is alive and well. It works for us at SVDP and Our Saviour's parishioners never fail to supply us with the resources to do our job. Jesus must be guiding you in this mission of charity. **Food needed for Food Pantry: spaghetti sauce, cans of baked beans, cereal, crackers.**

BLESSED CANDLES FOR SALE

Some people like to have blessed candles in their home for protection in times of storm, etc. ... Candles are available in the parish office for a modest donation.



MOVIE NIGHT FOR COUPLES!

Saturday, August 27, 2011, in the New Meeting Room, 7:00 p.m.–9:00ish p.m. Come and watch a good wholesome movie with other couples. Have some popcorn, relax and enjoy...yes, guys...it will probably be a chick flick! Take your honey out on a date, just like the old days! And...the treat is on us! Babysitting provided for children ages 3-11. Please RSVP by August 19th to the parish office if you plan to attend and if you need babysitting.



WE ♥ TRUCKS

Our truck has died ... Paco gave it the Last Rites! Does anyone have a good working truck that he or she would like to donate to the church or sell at a reasonable price? Please call the parish office, 783-4554, if you can help.



RESPECT LIFE

Adoption Creed: “Not flesh of my flesh nor bone of my bone, but still miraculously my own, never forget for a single minute, you didn't grow under my heart but in it.” For more information on Adoption Services, contact JMJ Life Center at 407-839-0620 or Pregnancy Outreach Ministries at messengersofhope@aol.com or www.pregnancyoutreachmissions.org/.

OUR SAVIOUR'S COMMUNITY NEWS



ON THE ROAD AGAIN WITH OUR SAVIOUR'S TRAVEL CLUB

Enjoy the 21st Caladium Festival in Lake Placid, FL on Friday, August 26th. There will be an array of crafts, art, plant vendors, entertainment and, of course, a bounty of food vendors. The bus will leave the church parking lot at 8:00 a.m. and return at approximately 6:00 p.m. The cost is \$25/person. Call Marlene, 449-5305, for more info or to reserve your seat (seats are limited).

OUR SAVIOUR'S "PAS" FILM SHOWING ALL ARE WELCOME!

Film: "Science Tests Faith"

Date: Wednesday, August 24th

Time: 7:00 p.m.

Place: Parish Center, Room A&B

Hear the story unfold as an investigative team builds a fact-based case for belief in the Eucharist and a renewed love of the Most Holy Blessed Sacrament. Refreshments will served.

DIOCESAN NEWS

Building A Successful Stepfamily: Next workshop will be on Saturday, August 27th from 9:00 a.m. to 12:00 noon at St. Isaac Jogues Church, Chickasaw Trail, Orlando. There is no fee. For more info or to register contact or email Digna at dmontanez@orlandodiocese.org or 407-246-4882.

Day of Reflection: Spirit to Serve, Living to Serve: Saturday, August 27th at Holy Family Catholic Church. For more info or to download a registration brochure visit www.advocacyjustice.org.

Separated & Divorced-Day of Reflection and Diocesan Mass: September 10th, Holy Cross Parish, Orlando, 8:30 a.m.-1:30 p.m., \$20/person. To register contact Digna at dmontanez@orlandodiocese.org or 407-246-4882.

READINGS FOR THE WEEK

AUGUST 8-14, 2011

Monday-8/8: Dt 10:12-22; Mt 17:22-27
Tuesday-8/9: Dt 31:1-8; Mt 18:1-5, 10, 12-14
Wednesday-8/10: 2 Cor 9:6-10; Jn 12:24-26
Thursday-8/11: Jos 3:7-10a, 11, 13-17; Mt 18:21—19:1
Friday-8/12: Jos 24:1-13; Mt 19:3-12
Saturday-8/13: Jos 24:14-29; Mt 19:13-15
Sunday-8/14: Is 56:1, 6-7; Ps 67; Rom 11:13-15, 29-32; Mt 15:21-28

SPECIAL PRAYERS

Our Service People

Pray for those who bravely serve our country in the military and those deployed in dangerous locations. Thank God for those who have returned home safely.

Nicolas Allen
Jennifer Albert
Temple Albert
Joseph Arais
Col. Terry Austin
Brian Baker
Mitchell Baker
Paul Barile
David Beers
Michael Burghardt
Gina Clarkson
Ivan DeLaSelva
Anthony Doyle
Fr. Daniel Farley
Michael Flynn
Andrew Forgino
Brian Holmes
Peter A. Irene, Jr.
Joshua Jennings
David Kristynik
Michael Leggett
Christopher Lehr
Timothy Lucero
William McMillin
Cmdr. John Martin
Joey Messina
Brandon Mollignaro
John Moore
Col. Lois Morales
Matthew Nazario
Tara Nolan
Richard Pattillo, Jr.
Ryan Plunkett
Scott Plunkett
Casey Rice
Richard Roff
Alex Rojas
Erik Roney
Scott Shadforth
Brandon Sweetman
Michael Tiedemann
Douglas Wercinski
Joe Wercinski
Nathan Wercinski
Rebecca Zehr-Marvin



*Please pray for
our friends
who are ill*



Morgan Brody
David Brannon, Sr.
Vero Carrillo
Lorraine Cesnik
Kevin Chioma
Anne Cornelius
Robbie Cuenin
Ella Deney
Ashley Devanney
Ella Devery
Angie Dreyer
Bill Giers
Stanley Gibbs
Earl Heggan
Michael Holl
Janet Hunter
Grace Kogler
Harold Marr
Gwen Matson
Anna Matsuba
Robin Mechell
Mateo Mejia
Kathy Mills
Marie Mulligan
Casey Murphy
Suzanne Pellegrino
Walter Promowicz
Marlina Snyder
Rosemary Spellman
Eugene Ulrich
Betty Valek
Barbara Veltri
Vicki Zima

THE NOON HOUR PRAYING ONE 'OUR FATHER'

Please join us in praying one Our Father each day during the noon hour for the intention below:

**Protection from
storms**

OUR SAVIOUR'S MINISTRY NEWS



MASS INTENTIONS



FAITH SUPPORT

- **ADORATION CHAPEL**-Open 24/7. For information call Claire Nicholson 784-0565.
- **ROSARY CENACLE** meet Monday evenings at 6:00 p.m. in the church. Come to offer prayers through Mary's intercession for our families, our parish and the world. For information-Rosie 452-9553.
- **SECULAR FRANCISCAN GATHERING** meet the third Saturday of each month after the 9:00 a.m. Mass. Contact Claire Nicholson 784-0565.
- **SMALL CHRISTIAN COMMUNITIES**-Information-Dale Conro 784-0765.
- **YOUNG ADULT MINISTRY**-For information contact Katie Parris 615-4674 or keparris@gmail.com. Visit their website at www.catholicam.com.

SUPPORT GROUPS

- **BIRTHRIGHT**- Information-call 783-8102.
- **BEREAVEMENT SUPPORT MINISTRY**-Information-Mary Norris 783-4554, ext. 114.
- **GRIEF SUPPORT**—Meetings will resume **Monday, September 12th** at 6:30 p.m. in the parish conference room (rear entrance). Information-Joan Throm, Spiritual Director 868-2673.
- **RECOVERY (RI DISCOVERY)** a self-help group for those with stress, anxiety, depression, etc. meets every Thursday at 7:00 p.m. in the Parish Office conference room. Call Sheila at 321-784-0694 or visit the website at www.lowselfhelpsystems.org

MINISTRIES

- **ELIZABETH MINISTRY** For info on this ministry contact Sue Llibre, Suellibre@cfl.rr.com or 453-1357.
- **RCIA-Questions about the Catholic Faith**-visit their website <http://oursavioursrcia.org/rcia/> or call the church office 783-4554.
- **RESPECT LIFE** meeting will resume on September 1st in the Spellman Room at 7:00 p.m. Information-784-0565.

LET'S GET INVOLVED

- **BUNKO** For information-Dee Andrews 784-2390.
- **EXERCISE GROUP** will resume on Monday, September 12th at 8:00 a.m. in the parish center. For info call Carol 799-4282.
- **KNIGHTS OF COLUMBUS**-Information-Dave Loftus, Grand Knight 431-9586.
- **OS COMMUNITY CLUB**-Next meeting is Thursday, September 8th beginning with 9:00 a.m. Mass followed by breakfast @ IHOP (call Pat 784-3321 or Peggy 799-0097 to RSVP), regular meeting @ 11:00 a.m. in parish center with Bingo & social time.
- **SINGLE / SEPARATED / WIDOWED / DIVORCED** will meet for a Planning Meeting on Friday, August 19th at 6:30 p.m. in Rm. B of the parish center. Ice cream and cake for dessert! For more info, please contact Thelma at 213-6629.

Saturday, August 6

- 9:00 †Josephine Sinatra
4:00 †Providence & Ralph Caglione

Sunday, August 7

- 8:00 †Mary Burke
10:15 †Humphrey Jones
12:15 SI—Our Saviour Parishioners
5:00 †Noma Marr

Monday, August 8

- 7:00 †Maria del Carmen Seara
9:00 †Ann & Tom Ginopolas
St. Dominic

Tuesday, August 9

- 7:00 †Pete Long
9:00 †Patrick Leonard
St. Teresa Benedicta of the Cross

Wednesday, August 10

- 7:00 †Helen Luboyeski
9:00 †Ruth & Alex Patrick & Elsie Dickerson
St. Lawrence

Thursday, August 11

- 7:00 †Susan Fleck
9:00 †Dottie Cochrane
St. Clare

Friday, August 12

- 7:00 †John Mac McDonald
9:00 †Andrew & Margaret Mawn
St. Jane Frances de Chantal

Saturday, August 13

- 9:00 †Emilia Mabale-Quilos & Dionnesio Quilos
4:00 †Lorraine M. Keenan
Ss. Pontian and Hippolytus

Sunday, August 14

- 8:00 †James Fordham
10:15 †Maureen Daley
12:15 †Joseph Yasecko
5:00 SI—Our Saviour Parishioners

Stewardship—July 31, 2011

Adult Envelopes	\$10,112.00
Loose Money	\$ 2,663.00
Total Sacrificial Offering	\$12,775.00
Less School Investment	\$ 5,000.00
For Parish Use	\$ 7,775.00

We are deeply grateful for your great generosity.